

Mildenhall Area Social Activities

DAY	MORNING	AFTERNOON
Monday	Word Play (Babies) Songs and rhymes to enjoy. The Mildenhall Library 10-10.30am	Mildenhall Social Club All welcome Recreation Way open most afternoon/evenings 01638 712143
	Parent and Toddler Group Great for families. Kings Church Market Street 10-11.30am 01638 515411	Book Club Friendly and informal group. Mildenhall Library First Monday of month 2.30pm
	Meet Up Mondays Chance to meet new faces. The Mildenhall Hub 10-11.30am	
	Men Can Talk Opportunity to meet new friends Mildenhall Library 10.30am-11.30am	
	Helping Hands Café Improve your wellbeing. Red Lodge Pavilion 10-1pm	
Tuesday	Meet Up Mondays Chance to meet new faces. The Barleycorn Market Place Mildenhall 10- 11:30am	Adult Craft Group Bring your latest creation. The Mildenhall Library 1-4pm £1 Entry
	Tot Rock and Warm Space with Suffolk Libraries Great for families. Red Lodge Pavilion 10am-12pm	Warm Room Safe and supportive space. Red Lodge Millennium Centre 12-2pm free
	Mens Shed Friendly bunch, chat and laugh. Mildenhall Social Club 10-12pm	

Tuesday	Womans Institute Talks and activities. Jubilee Centre, Mildenhall 3rd Tuesday of month 10am	Friendship Club New faces always welcome. Jubilee Centre 1st Tuesday of month 2-4pm
	Craft and Chatter Have a cuppa while you craft. Tuddenham Village Hall 10.30-12pm excluding 1st Tues of month	Community Lunch Enjoy good food and make new friends. West Row Baptist Church 12.30pm
		Larks Social Club Chat over a cuppa. Mildenhall Social Club 2nd Tues of month 2pm
Wednesday	Toddlers Storytime/Crafts Lovely for families. Mildenhall Library. 10-10.30am	Chatterbox Friendly and sociable. Red Lodge Millennium Centre Lavender Close 2.30-4pm
	St John's Stay and Play Meet new families. St John's Church Hall St John's Street Beck Row 10-11.30am	Wednesday Club Speakers and activities. Barton Mills Village Hall 1st and 3rd Weds 2-4pm, £3, 50+
	King's Lunch Club Great food and company. Kings Church Market Street 10:30-2pm, Lunch served at 12.00pm Free tea & coffee 2 course meal £6	
Thursday	Branching Out Social Group Very welcoming. Mildenhall Social Club, Recreation Way 10-12pm	Lightwave Toddler Café All families welcome. Red Lodge Pavilion, Hundred Acre Way 9.00-3.00pm
	Sunrays Playgroup Make new friends. Red Lodge Millennium Centre 10.30-12pm	Warm Room Safe and supportive space. Red Lodge Millennium Centre 12-2pm-free
	St Mary's Coffee Morning Chat over a cuppa. St Marys Church Barton Mills 10-12pm	Top Time Games, quizzes, chatter. Mildenhall Library 2-4pm

Thursday		Sporting Memories Share your history. Mildenhall Hub 1-3pm
		Knit and Knatter Chat while you work. St Marys Church Room, Barton Mills 7pm
		Rich's Man Club Talk with likeminded people. The Shed West Row 1st and 3rd Thurs 7.30pm
Friday	Coffee Morning Friendly and reassuring. Kings Church Market Street Mildenhall 10-12pm	Knit and Knatter Chat while you work. Mildenhall Library 2-4pm
	Realise Futures Drop In Find new opportunities. Mildenhall Library 9.30-12pm	St John's Singing Together Lift up your voices. 2nd and 4th Friday of the month 13:30 – 15:15
	Sewing Group Work on your latest creations. Red Lodge Millennium Centre 10-3pm	Lightwave Warm Space Reassuring and friendly. Red Lodge Pavilion 10-2pm
	Rendezvous- Grief Support Group Jubilee Centre Mildenhall 10-11.30am	Chatty Crafters Social and creative. St Johns Church Hall Beck Row 1st Friday 6.30-9pm £4
	Coffee and Chat Nice social opportunity. St Johns Community Centre 10:30- 12pm and Bingo 12pm	Teen Chill (11-16) Make new friends. Jubilee Centre, Mildenhall 7-9pm
Weekend	Mildenhall Armed Forces and Veterans Breakfast Club 1st Sun Facebook Group	Sunday Crafts For Kids Creative opportunities. Mildenhall Library Every Sunday 11-12pm
	Dog Café Canine company Barleycorn Café 1st Saturday of month 10- 2pm	Lightwave Café Welcoming and supportive. Red Lodge Pavilion 10-1pm
Various	Red Lodge Millenium Centre www.rlmcsuffolk.co.uk	

